

WHYALLA MEN'S SHED INC.

WILLIAMS STREET WHYALLA NORRIE



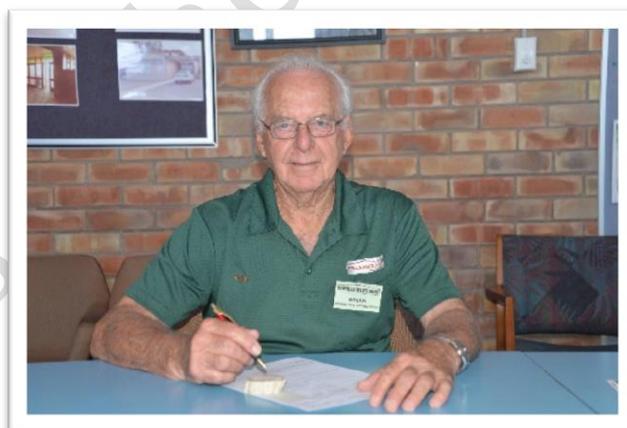
ISSUE 3

DATES TO REMEMBER

Mitre 10 BBQ	January 12 th & 13 th	Saturday 9am to 1.30 pm Sunday 10 am to 1.00 pm
Guest Speaker	January 9 th	10.30 am
Tools Down Day	January 9 th	11.00 am
Committee Meeting	January 15 th	9.30am
Tools Down Day	January 23 rd	11.00 am
Bread Run	January 2 nd & 23 rd .	7 pm to 8 pm

THE PRESIDENT BRIAN MARSHAL.

The indefatigable Brian moved to Whyalla with wife Anita in 1991 and has been actively serving the community through a range of both adult and youth-focused organisations over the years. He is a member of the Whyalla Mount Laura Lions Club where he served as a board member for 17 years and has also been President, Secretary, Youth of the Year Chairman, and organiser of various projects and conventions. Brian has also worked with Bluelight and attends Bluelight discos to help raise funds towards their continued operation.



Brian has had health interests for many years and was a Lions district cancer awareness officer and helps co-ordinate Lion's Skin Cancer screening programs. He has also been involved in conducting men's health seminars and information nights and has been a participant of the National Men's Health Ambassador speaker program where he has spoken to many hundreds of men about prostate disease and incontinence issues.

A plumber by trade but who also has had many work roles including as a sales representative in office supplies and later as manager of a clothing company, Brian was one of the original instigators of the Whyalla Men's Shed and has been with the shed since its beginnings. He was Shed co-ordinator in the early years and has been the Shed Secretary since 2016.

In his spare time, Brian enjoys caravanning, overseas travel and walking.

Tool down day 19/12/18. It has been noted that several machines have been maladjusted recently by well-meaning users, this risks injury — drop saw, band saw, table saw and thickness/planer — unless you have been approved to maintain machines please do not attempt to change blades or otherwise configure machines. For woodshop machines please refer maintenance to Gary Misan, John Visi, Bill Collins or Neil Jones; for metal, shop refer to Bill Collins, Neil Jones or Bill Nelson. We will review procedures for machine training and maintenance in the new year. Sammy Anderson is in the RAH following some complications from surgery. We wish him a speedy recovery and will send him a card

TOMATO FRUIT OR VEGETABLE?

The tomato's show is a result of love and care by Malcolm Roberts and will soon be available to purchase from the Shed when ripe. Thanks' Malcolm for your ongoing work in the patio garden.



Is tomato a fruit or vegetable? The aged old question has an answer – it's both!

Tomatoes are a fruit that is considered vegetables by nutritionists. Botanically, a fruit is a ripened flower ovary and contains seeds. Tomatoes, plums, zucchinis and melons are all edible fruits but think like maple "helicopters" and floating dandelions puffs are fruit too. For some reason, people got hung up on tomatoes but the "fruit or vegetable" question could also work for any vegetable with seeds. Now, nutritionally, the term "fruit" is used to describe sweet and fleshy botanical fruits, and "vegetable" is used to indicate a wide variety of plant parts that are not so high in fructose. In many cultures, vegetables tend to be served as part of the main dish or side, whereas sweet fruits are typically snacking or desserts. Thus, roots, tubers, stems, flower buds, leaves, and certain botanical fruits, including green beans, pumpkins, and of course tomatoes, are all considered vegetables by nutritionists. There is no hard-and-fast rule that

clearly designates a botanical fruit as a vegetable, but, given that tomatoes are generally not used in desserts and are closely related to other fruit-vegetables (e.g., eggplants and peppers), it is not too counterintuitive for tomatoes to be classified as vegetables. So, go ahead and call a tomato whatever you want—it's super tasty either way

<https://www.britannica.com/story/is-a-tomato-a-fruit-or-a-vegetable>

When you visit the shed next ask for Malcolm the gardener extraordinary, the tradesman painter and with other skills including organising the Mitre 10 BBQ's, and at the Shed and transporting overweight, oversize Shed paraphernalia in his trusty van. Just don't ask him about the biscuits!



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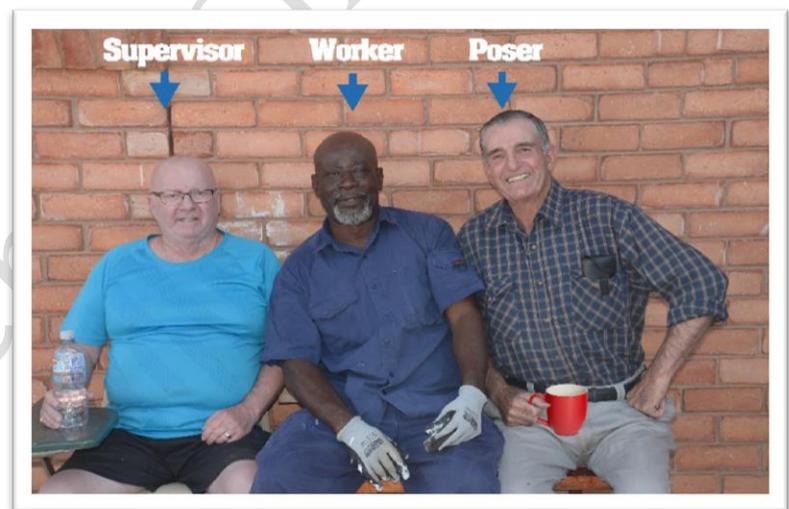
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NEWSLETTER JANUARY 2019



Tony Shaw is a quiet achiever, in supporting our shed, he has regularly transported Johnson to and from Johnson's home, a big contribution to our shed's productivity. Tony has also spent a lot of his time transferring our WMS scrapbook history files to a computer hard drive, so they will be available for others in the Shedders forever





All navel oranges are clones of each other since they are produced from trees made from cuttings and grafting's of previous navel orange trees; the original mutated tree that serves as the primogenitor of all navel orange trees is believed to have grown outside a 17th-century Brazilian monastery.

Shed Inc.

Pictured above from top left Bill Collins, Neil Jones and Sumthin'Tastee Café Wetlands Café owner Rob North.

Front, Council CEO Chris Cowley, and Rebekah North on the new bench built by the Whyalla Men's Shed



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The Whyalla Men's Shed has contributed to the ongoing evolution of the Sumthin' Tastee Wetlands Cafe, building and installing a wooden bench for outside dining.



The Men's Shed was commissioned by cafe owner Rob North to build the new bench, in what is just one of several projects the members have undertaken for community organisations.

Other projects include building tables for the South Whyalla Football Club, bowling frames for the disabled at Bowland Whyalla, and repairing equipment at the Whyalla Golf and Bowling Club.

Shed Volunteer Neil Jones said the bench had been in the works for around a month and they were proud to have it completed.

They're working on a second bench for the cafe as well, which will fit in with Mr North's plans to install a shade for a cooler dining experience.

Mr North said his family wanted to involve the Whyalla City Council and the community to make the Wetlands a key destination for tourists.

"Business has been really good, there's been plenty of support from the locals," he said

An asthmatic receives an obscene phone call halfway through an asthmatic attack!

The caller pauses and asks "Did I call you, or did you call me?"

A SHORT STORY ABOUT THE HUMBLE STOBIE POLE.

In July 1924, the patent application for the pole design was submitted in both English and French and accepted in November 1925. Stobie described his invention as

"an improved pole adapted to be used for very many purposes, but particularly for carrying electric cables, telegraph wires... [it] consists of two flanged beams of iron or steel, preferably rolled steel joist of 'H' or of channel sections, placed one beside the other with their flanges

inward and preferably at a very slight angle one with the other and held together by means of tie bolts, the space between them being filled with cement concrete."

A second patent was granted to Stobie and Frederick William Herbert Weadon in 1946. With John Ragless Brookman they formed The Stobie Pole Syndicate for the purpose of patenting the design and then selling the patent or manufacturing rights. The Hume Pipe

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Company became their first agents and, while there were numerous international enquiries, South Australia has largely remained the only place where they are widely used.

Stobie poles are reasonably common in Broken Hill, as well as the Darwin CBD and a few thousand are installed across Tasmania. A few also exist in isolated settlements in the Goldfields-Esperance region of Western Australia such as Eucla and Rawlinna.

The first poles were erected in South Terrace, Adelaide in 1924, and were then used

extensively in building the electricity transmission and distribution infrastructure throughout the state. The Stobie pole was central to the speedy expansion of Adelaide Electricity Supply Company's supply. It was cheap and simple to produce, had a uniform appearance, saved an enormous amount of timber from being cut down, had a long life expectancy and, at the time, was seen as more environmentally sensitive SA Power Networks review alternative pole designs available on the market and has yet to find one with the benefits offered by the Stobie pole.

DID YOU KNOW?

Birds have ultraviolet markings on their feathers and beaks that we can't see, but they, sensitive to ultraviolet light, can. Ultraviolet markings play a role in mate selection and the chicks of many species have ultraviolet markings on their beaks, so their parents can more easily see where to put the food.



"Just because my computer got a virus doesn't mean I caught one from it, and will give it to you. Computer viruses aren't contagious to people."

YOUR COMMITTEE.

Role.	Member.	Contact.
President	Brian Marshal	0419 851 476
Vice President	John Visi	0428 584 588
Treasurer	Helga Fleming	0427 452 540
Secretary	Gary Misan	0408 894 168
Member	Bill Collins	8644 1484
Member	Davey Anderson (Sr.)	8644 1484
Member	Johnson Darkwa	8644 1484
Member	Liam Sheedy	8644 1484
Member	Malcolm Roberts	8644 1484
Member	Marcus Sutton	8644 1484
Member	Neil Jones	8644 1484
Member	Tony Johnstone	8644 1484
Member	Tony Shaw	8644 1484

“The mind is willing, but the body is not”