



Cairns
Stingrays
Swimming Club



Aquathon

FRIDAY 26TH OCTOBER
(CLUB NIGHT)

The swim will last half-an-hour, and the aim is to achieve as many laps as possible; there will be prizes awarded for the most number of laps (in each distance category), and the most amount of sponsorship money raised. We intend this to be an enjoyable challenge, and a practical way of raising some funds for all to share, in the club's activities.

HAPPY
SPONSORING!



Sponsor forms will be handed out at a prior Club Night; if you miss out, or require extra forms, these can be downloaded from our website: go to our Newsletters page.

the month ahead

October

at a glance

CLUB NIGHT NOTICES

Welcome back after the school holiday break! Club Nights resume weekly again during the school term beginning Friday 12 Oct. In the meantime there are two scheduled carnivals over the holidays, with Central Cairns LC Carnival and Dolphins mini-meet in the middle weekend, and TAS over the final weekend (see below). We have two "normal" Club Nights (#3 and #4), the week after that is our Aquathon - sponsored fundraiser event on Friday 26 Oct. Times as per Club Night: you will be issued a sponsor form during the previous few weeks giving you time to get sponsors. This is intended to be a fun challenge for your kids - they will have half-an-hour to swim as many laps as they can, in distances commensurate with their ability, in their choice of stroke/s. There will be prizes to be won.

Our Club Night #4 (19 Oct.) will be the cutoff date for our first Series Awards; points earned from improvement of times will be added together and the highest ten personal best improvers will be awarded prizes (see p.5 of the Handbook for criteria).

THIS MONTH'S CARNIVALS

TAS LONG COURSE PREPARATION MEET - Friday-Saturday 5-6 Oct. gates open: Friday 16:30 for a 17:30 start. Saturday 08:00 for a 09:00 start.

Entry costs \$3 on the Saturday for non-swimmers.

Programmes downloadable from FNQ website, or a limited number available on the day for \$3.

Nominations close - midnight Monday 1 Oct.

This carnival comes at the last weekend of the school holiday. As a consequence numbers may be down a little as families may still be away taking holidays. The Friday evening stages several longer distance races, and two 50m events; there is no entry fee charged on this day. All other events make up the Saturday for which there is an entry fee of \$3.

DIMBULAH LONG COURSE TRANSITION MEET -

Saturday 27 Oct.

gates open: 09:00 for a 10:00 start.

Entry costs \$3 for non swimmers.

Programmes available on the day for \$2.

Nominations close - midnight Monday 22 Oct.

This is always a great all-round family meet, with the usual events for the regulars and 25m races for littlies. Yes, it may be a bit of a drive - allow 2 hours, but it can be comfortably done in 1½ hours. Another option is to camp overnight at the adjacent caravan park, which conveniently is owned and operated by the pool owners, so can be booked by phoning the Dimbulah Pool; there are cabins and dongas available as well.

STINGRAYS RESOURCES

Website - cairnsstingrays.com.au

Facebook - Cairns Stingrays

Flickr - Stingrays Swimming Club

Vimeo - stingrays

YouTube - Cairns Stingrays

Stingrays' Dates for your Diary

Fri-Sat 5-6 Oct

TAS LC Carnival
venue: TAS Aquatic Centre

Fri 12 Oct

Club Night #3

Fri 19 Oct

Club Night #4 (Series Awards #1)

Fri 26 Oct

Stingrays Aquathon fundraiser

Sat 27 Oct

Dimbulah LC Carnival
venue: Dimbulah Pool

Get the following Google Calendars:

- **Stingrays Events**
- **FNQ Swimming Carnivals**
- **State & National Levels**