

Centre for Achievement

Powering Ahead With Purpose And Passion

Powerful Enhanced Performance Personal Development Program

Who should attend:

Business owner
Start-up
employee
Aspiring Managers, supervisors, team leaders
Anyone wanting more for their life
Anyone seeking direction in their life



Business and Personal Outcomes

- **ENHANCED** productivity
- **BRIDGE THE GAP** between potential and performance
- **FAST TRACK** your career or business
- **INCREASE** sales and or profits
- **RENEWED** motivation
- **ENHANCE AND IMPROVE** personal relationships
- **BUILD** and enhance emotional management skills
- **STOP** procrastinating - for good
- **DEVELOP** clear direction when making decisions and tough choices
- **ANALYSE** your life and discover or re-ignite your passion
- **GET EXCITED**, set goals and convert your possible dreams into reality.
- **ENJOY AND DELIGHT** in achieving whatever it is that you want to have, be, know, experience.
- **UNLEASH** your personal power
- **SENSE OF ACHIEVEMENT** and pride
- **DELIGHT** in a fuller, richer, more successful life

If you are looking to move your life forward, and wanting to fast track your professional or personal life, if you are wanting to be more, have more, and get more out of every area of your life, then this powerful proven program is for you.

Your Next Step

Want to know more? Contact us today for a confidential discussion.

Phone: 03 9440 7788 **Email:** admin@centreforachievement.com

Program Outline

DAY 1

SELF EVALUATION PART 1: YOUR CURRENT REALITY

- The formula for achieving your possible dream
- The 5 keys to your journey to achievement
- Putting the spotlight on yourself
- Self analysis – your pre-requisite to success
- The relationship between self analysis and mental toughness
- What's your current reality?
- What's holding you back?
- The power of determination and commitment
- Put an end to procrastination – for good

- Setting up your environment
- Emotional resilience and overcoming setbacks
- The wonder of neuroplasticity
- How to eliminate unproductive habits

SET YOUR INTENTIONS

- The power of goals
- Dissatisfaction as a strong motivator
- Become clear on what you truly want for your life
- Challenge yourself and think BIG

SELF EVALUATION PART 2: DISCOVERING YOUR PURPOSE

- Your life purpose; getting this right is so important
- Gaining clarity around your life purpose
- The relationship between your aptitudes and your values
- Are you experiencing cognitive dissonance?

PROGRAM YOURSELF FOR SUCCESS – IT'S GOAL SETTING TIME

- Gaining clarity about the goal achievement process
- Setting clear, achievable, do-able goals
- Identify your obstacles and sacrifices
- Become clear on 'your why'
- Key steps to creating your plan of action

SELF EVALUATION PART 3: YOUR FUTURE

- Where are you on life's journey?
- Where is your focus?
- Start creating a picture of your ideal future
- Is your self image holding you back?

POWER AHEAD BY APPLYING DEFINITE ACTION – IT'S GOAL GETTING TIME

- Focus on the benefits
- Understanding the power of cognitive dissonance
- Massive action as the key to success
- Your tool for staying on track and monitoring your progress

DAY 2

EMOTIONAL MANAGEMENT SKILLS

- Victim consciousness versus victory consciousness
- Understanding the power of your subconscious mind
- Identifying your beliefs
- Sub-conscious blockages and self sabotaging patterns
- The power of beliefs
- The power of thoughts

CELEBRATE YOUR ACHIEVEMENTS

- Enjoy the results of your sustained focus and commitment to your goals.