

Welcome to IL Parco!

The restaurant's name pays homage to the owner's hometown which is a part of the Parco Nazionale D'Abruzzo, Italy. Parco Nazionale runs throughout Abruzzo and is known as the 'greenest region in Europe', protecting and preserving the land's natural beauty and its inhabitants, in particular, the Marsican Brown Bear.

We are honoured to welcome you to our venue and hope you enjoy your stay!



IL PARCO
RISTORANTE ITALIANO

1116 MT. ALEXANDER RD

ESSENDON 3040 VIC

9351 0750

ANTIPASTI

FOCACCIA w sea salt, garlic & herbs	\$8
ADD BUFFALO MOZZARELLA D.O.P	\$5
ADD PROSCIUTTO SAN DANIELE	\$5
ADD MORTADELLA	\$3
OLIVE CALDE*	\$7
Sautéed mixed olives w chilli, garlic & rosemary	
ARANCINI (3)	\$14
Home made saffron arancini w spinach & Asiago	
POLPETTE DI POLLO AL SUGO (3)*	\$13
Home made chicken meatballs in a rich cacciatore passata sauce	
OSTRICHE (OYSTERS)*	
Natural	6/\$18 12/\$32
Kilpatrick	6/\$21 12/\$38
CALAMARI FRITTI	\$16
Semolina dusted calamari w rocket & home made aioli	
SALUMI E FORMAGGI (for 2)	\$28
Freshly sliced prosciutto san daniele, mortadella, porchetta, salami, parmesan & pecorino cheese with truffle honey, olives & grissini	
SEAFOOD BOARD (for 2)	\$33
Natural oysters, smoked salmon, salt & pepper calamari, freshly grilled prawns and scallops	
PASTA E RISOTTO	
PENNE ARRABBIATA	\$24
Napoli sauce, garlic, herbs, cherry tomato & chili	
LINGUINE PESCATORE	\$29
Prawns, scallops, calamari, mussels, vongole, garlic, chilli, E.V.O oil, white wine, parsley & cherry tomato	
PACCHERI AL RAGU DI AGNELLO	\$27
Lightly braised lamb ragu w Pecorino cheese	
PACCHERI CON MELANZANE	\$26
Sautéed eggplant, onion, basil & Napoli sauce	
GNOCCHI ALLA PAESANA	\$25
Homemade gnocchi tossed with Napoli sauce & basil	
GNOCCHI 4 FORMAGGI	\$26
Homemade gnocchi in a four cheese sauce gratinated with grana padano cheese	
ORECCHIETTE ALLE CIME DI RAPE	\$27
Italian sausage, friarielli (Neapolitan broccoli), cherry tomato, cream & field mushrooms	

Please ask your waiter for our daily specials

SECONDI

^ MAINS SERVED WITH CIANFOTTA, WHICH MEANS TASTEFUL & COLOURFUL, IT'S THE ITALIAN RATATOUILLE!

CALAMARI FRITTI	\$28
Semolina dusted salt & pepper calamari served on mixed salad w lemon and home made aioli	
FRITTO MISTO	\$32
Semolina dusted prawns, scallops, calamari and fish lightly fried, served on mixed salad w lemon & aioli	
QLD KING REEF BARRAMUNDI	\$32
Served on rocket, spelt, grilled zucchini & salmoriglio dressing	
POLPETTE DI POLLO*^	\$28
Home made chicken meatballs in a rich cacciatore passata sauce	
COTOLETTA ALLA MILANESE^	\$29
Veal, lightly crumbed Milanese style	
SALTIMBOCCA ALLA ROMANA^	\$31
Tender veal w prosciutto San Daniele, white wine, sage & a touch of tomato	
TAGLIATA DI MANZO 300g*	\$37
Black Angus steak sliced and served on rocket, shaved Grana Padano cheese & balsamic glaze	

INSALATE E CONTORNI

CAPRESE*	\$13
Heirloom tomatoes, buffalo mozzarella D.O.P, basil, ash salt, balsamic pearls & E.V.O oil	
BURRATA AFFUMICATA*	\$12
Italian imported smoked burrata (a creamy cow's milk cheese) served with cherry tomatoes & salmoriglio	
RADICCHIO*	\$11
Radicchio, cherry tomatoes, dried figs, goats cheese, & balsamic glaze	
ROCKET*	\$10
Rocket, shaved pear, candied walnuts, truffle honey & shaved grana padano cheese	
VERDURA MISTA*	\$9
Kale & Silver beet sautéed w garlic, chilli & E.V.O oil	
ITALIAN FRIES	\$8
Dusted w our own homemade dried cacciatore salt	

ARTISAN GLUTEN FREE PASTA & PIZZA BASE'S AVAILABLE add \$4

PIZZE E CALZONI

MARGHERITA	\$17
San Marzano tomato, fior di latte, basil & E.V.O	
NAPOLETANA	\$19
San Marzano tomato, fior di latte, capers, oregano olives, anchovies & E.V.O oil	
VESUVIO	\$22
San Marzano tomato, fior di latte, hot salami, Nduja, rocket & E.V.O	
POSITANO	\$22
San Marzano tomato, fior di latte, gorgonzola prosciutto cotto & zucchini	
PROSCIUTTO E FUNGHI	\$22
San Marzano tomato, fior di latte, mushrooms, prosciutto cotto & E.V.O oil	
CAPRICCIOSA	\$23
San Marzano tomato, fior di latte, prosciutto cotto, mushrooms, artichokes, olives & E.V.O oil	
IL PARCO	\$23
San Marzano tomato, fior di latte, Italian sausage, prosciutto cotto, salami & E.V.O oil	
MARE E MONTI	\$24
San Marzano tomato, fior di latte, mushrooms, prawns, friarielli (Neapolitan broccoli) & E.V.O oil	
CALABRESE	\$23
San Marzano tomato, fior di latte, hot salami, roasted capsicum, olives, Nduja & E.V.O oil	
ORTOLANA	\$22
San Marzano tomato, fior di latte, zucchini, eggplant, roasted capsicum & E.V.O oil	
SALSICCIA	\$23
Fior di latte, Italian pork sausage, gorgonzola, rocket, shaved parmesan & truffle oil	
TARTUFATA	\$24
Black truffle paste, fior di latte, field mushrooms, porcini mushrooms, rocket & shaved parmesan	
CALZONE PAESANO	\$23
Folded pizza w San Marzano tomato, fior di latte, prosciutto cotto & mushrooms	

OUR ARTISAN DOUGH IS LEAVENED FOR A MINIMUM OF 48 HOURS USING THE FINEST INGREDIENTS AND ARE COOKED IN OUR STATE OF THE ART MARANA FORNI WOODFIRE OVEN WITH LOVE.

DOLCI DELLA CASA

NUTELLA PIZZA ROCHER	\$14
Nutella with home made choc-hazelnut crumb served w Vanilla ice cream	
CALZONCINO RIPIENO	\$15
Belgian white chocolate, raspberries and honeycomb in a folded pizza served w Vanilla ice cream	
CANNOLI SICILIANI (2)	\$9
Filled w sweet ricotta mousse, chocolate, cherries & pistachios	
TIRAMISU	\$10
Traditional Italian dessert with Savoiardi biscuits soaked in liquor mixed coffee and mascarpone cheese	
BUDINO DI DATTERI AL CARMELLO	\$11
Classic sticky date pudding w butterscotch sauce served w vanilla ice-cream and chocolate soil.	
AFFOGATO VERGINE*	\$7
Glass of vanilla ice-cream with a shot of coffee	
AFFOGATO UMBRIACO*	\$14
Glass of vanilla ice-cream with a shot of coffee & standard shot of liqueur	

FOR THE LITTLE ONES

(12 & under)

PENNE POMODORO	\$13
CALAMARI & CHIPS	\$15
PIZZA MARGHERITA	\$13
VANILLA ICE CREAM	\$4

No split Bills — SCUSA!

No half-half pizzas. Olives may contain pips. Il Parco does not recommend Gluten free pizzas for Celiac/Gluten allergic customers due to the risk of cross contamination.

**denotes gluten free*

Vegan options are available

Please notify staff of any food allergies.

 @il_parco

 facebook.com/ilparco.essendon

INFO@ILPARCO.COM.AU

WWW.ILPARCO.COM.AU