

KODOKAN MATSUBAYASHI-RYU CUMMINGS KARATE DOJO - 2017 CLASS TIMETABLE (effective 17 July 2017)

Please arrive at least 10 minutes before the scheduled start of class. The Dojo is open from 5:15pm - 8:45pm Monday through Thursday.

PROGRAM	GRADE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUNDAY
Juniors Program Ages 6 to 13 <i>(parents also welcome)</i>	Beginners (W/YB to YB)	5:30pm - 6:15pm	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:15pm		
	Inter/Adv (YB1 up)	6:15pm - 7:00pm	5:30pm - 6:30pm	5:30pm - 6:30pm	6:15pm - 7:00pm		
	Adv (OB up) [or ages 12 & up]	6:15pm - 7:00pm	5:30pm - 6:30pm	6:45pm - 7:45pm	6:15pm - 7:00pm		
Seniors Program Ages 14 and older	Beginners (White Belts)	7:00pm - 8:00pm	-	6:45pm - 8:00pm	7:00pm - 8:00pm*		Functional Fitness Class
	Inter/Adv (Green Belt up)	7:00pm - 8:15pm	-	6:45pm - 8:15pm	7:00pm - 8:15pm*		Sat 9:30am - 10:30am
	Adv (Brown & Black belts)	7:00pm - 8:30pm	6:45pm - 8:15pm	6:45pm - 8:30pm	7:00pm - 8:15pm*		
Kobudo Program	Ages 14 or Orange Belt up				8:15pm - 8:30pm		
	Adv (Brown & Black belts)		8:15pm - 8:45pm		8:15pm - 8:30pm		
Other	Gradings/seminars						As scheduled
	Private lessons						By appointment on: Sat 9am - 3pm Sun 2pm - 5pm

Our full-time martial arts centre is located at

Unit 2, 38 Hoskins Street (Upstairs), MITCHELL ACT 2911, AUSTRALIA

Notes

*A special Kobudo seminar is run on the 1st Thursday of the Month. Beginners 7:00pm - 7:45pm and Intermediate/Advanced 7:45pm - 8:30pm.

Term dates - Seniors Program (45 weeks)

Pre-Term - 9 January to 22 January (2 weeks) - all classes start at 6:30pm

Term 1 - 23 January to 16 April (12 weeks)

Term 2 - 24 April to 2 July (10 weeks)

Term 3 - 17 July to 24 September (10 weeks)

Term 4 - 2 October to 14 December (11 weeks)

The dojo is closed on all ACT Public Holidays unless otherwise specified.

Term dates - Juniors Program (42 weeks)

Pre-Term - Wed 11 January & Wed 18 January from 6:30 - 7:30pm

Term 1 - 23 January to 16 April (12 weeks)

Term 2 - 1 May to 2 July (9 weeks)

Term 3 - 18 July to 24 September (10 weeks)

Term 4 - 2 October to 14 December (11 weeks)