

KODOKAN MATSUBAYASHI-RYU CUMMINGS KARATE DOJO

2018 CLASS TIMETABLE (effective Term 4, 8 October 2018)

Our **fully-dedicated martial arts facility** is located at **3/36 Sandford Street, Mitchell ACT 2911**.

We're open from 5:15pm - 8:45pm Monday through Thursday and from 9:15am - 10:45am on Saturdays. Please arrive at least 10 minutes before the scheduled start of class.

The **Juniors Program** is tailored for students **aged 6 to 13 years old** (and their parents). 5 year olds may be considered with prior coordination and concentration assessment.

The **Seniors Program** is tailored for students **aged 14 years and older** (there is no age limited).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juniors - Beginners White & White/Yellow Belts 5:30pm - 6:15pm	Juniors - Beginners White & White/Yellow Belts 5:30pm - 6:15pm	Juniors - Beginners White & White/Yellow Belts 5:30pm - 6:15pm	Juniors - Beginners White & White/Yellow Belts 5:30pm - 6:15pm	Dojo Closed - No Class	Self Training Time* Free Practice/Use of Dojo 9:30am - 10:30am	Private Lessons By Request 9:00am - 12:00noon
Juniors - Int/Adv Jnr Yellow to Adv Purple 6:15pm - 7:00pm	Juniors - Int/Adv Jnr Yellow to Adv Purple 6:15pm - 7:00pm	Juniors - Int/Adv Jnr Yellow to Adv Purple 6:15pm - 7:00pm	Juniors - Int/Adv Jnr Yellow to Adv Purple 6:15pm - 7:00pm	Dojo Closed - No Class	Functional Fitness Ages 12+ 9:30am - 10:30am	Events & Seminars As Scheduled 9:00am - 6:00pm
Seniors - Beginners All Grades 7:00pm - 8:00pm	Self Training Time* Free Practice/Use of Dojo 6:30pm - 8:30pm	Seniors - Beginners All Grades 7:00pm - 8:00pm	Seniors - Beginners All Grades 7:00pm - 8:00pm	Dojo Closed - No Class	Private Lessons By Request 11:00am - 2:00pm	No Formal Class
Seniors - Int/Adv 6th Kyu (green) and above 7:00pm - 8:30pm	Seniors - Adv Only 3rd Kyu (brown) and above 7:00pm - 8:30pm	Seniors - Int/Adv 6th Kyu (green) and above 7:00pm - 8:30pm	Kobudo (Weapons) All Grades 8:00pm - 8:45pm			

*Note: On days marked 'Self Training Time' the Dojo is open for students to use to practice on their own, however, no instruction or supervision is provided.

Seniors students may also arrive early on Mon/Wed/Thu from 6:30pm for self-training.

Term Dates 2018	Special 1-day Seminar	Grading Dates	Beginner Seminars
<p><i>Pre-Term - Week of 15 & 22 January - Classes only on Monday & Thursday (regular times as above)</i></p> <p>Term 1 - 29 January to 12 April (11 week term / 1 week break)</p> <p>Term 2 - 23 April to 5 July (11 week term / 2 week break)</p> <p>Term 3 - 23 July to 27 September (10 week term / 1 week break)</p> <p>Term 4 - 8 October to 13 December (10 week term / 4 week break)</p> <p>2019 Pre-Term starts 14 January; Term starts 28 January</p> <p><i>The dojo is closed on all ACT Public Holidays unless otherwise specified.</i></p>	<p>19 October <i>To be confirmed</i></p> <hr style="border: 1px solid black;"/> <p>Snrs Intensive Seminars</p> <p>Thu 19 April Thu 19 July Thu 4 October</p>	<p>Sun 8 April Sun 3 June Sun 26 August Sun 25 November</p>	<p>Sun 11 February Sun 20 May Sun 2 September Sun 28 October</p>