

Tuning in to Kids

Emotionally Intelligent Parenting

A seven session parenting program for
parents of children aged 3 -12 years

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop *emotional intelligence*. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Please note there is no childcare available at this group.

Where: Wyee Public School – Wyee Road, Wyee

When: Each Thursday for 7 weeks

From 1st March 2018

12 noon – 2.00 pm

Contact: 4950 3855 for information or to register



This program is delivered by CALM Family Support in partnership with Southlakes Youth Service