

Tuning in to Kids

Emotionally Intelligent Parenting

A six session parenting program for
parents of children aged 3 -12 years



Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop *emotional intelligence*. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Where: Salvation Army Hall 156 Bay Road Bolton Point

When: Each Tuesday for 6 weeks

From 12th February 2019

10 am to 12.30pm

Contact: Allison for information or to register on 4950 7215

Please note there is no childcare available at this group



A project of Community Activities Lake Macquarie

*This program is delivered by CALM Family Support in partnership
with Samaritans Child and Parenting Support*

Venue kindly provided by the Salvation Army



Samaritans