

Tough in the middle?

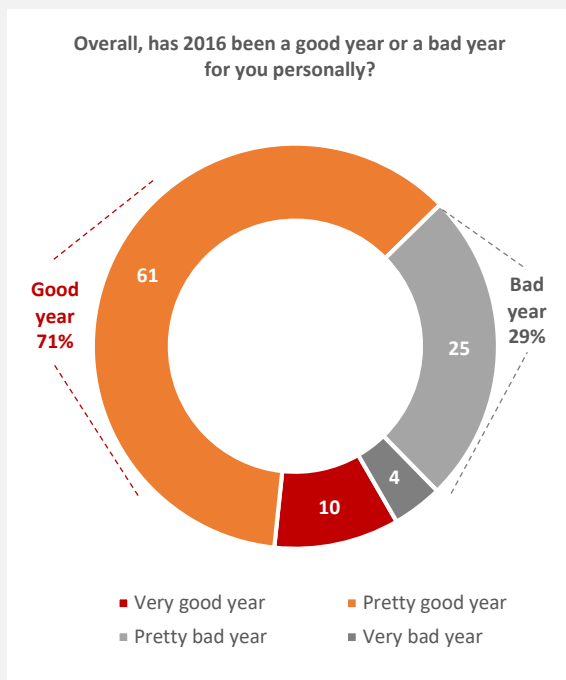
How Australians are doing in 2016



This survey was conducted online by OmniPoll over the period September 15-20, 2016 among a national sample of 1,237 people aged 18 years and over. The results have been post-weighted to Australian Bureau of Statistics data to reflect the population distribution for age, sex, area and highest level of schooling completed.

How has 2016 treated Australians so far?

Although a majority of Australians say that 2016 has been a *pretty good* or *very good* year for them overall, almost 30% have had a *bad* year.

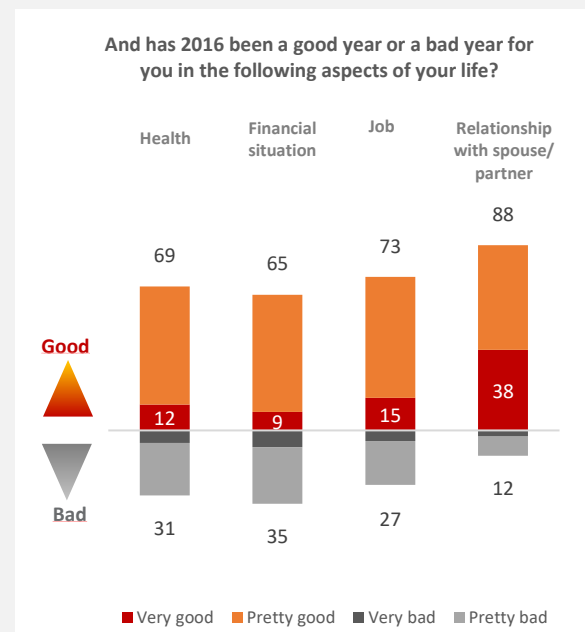


If it's been a bad year, what's the problem?

Potentially there are a few.

About 30% have had a pretty ordinary year health-wise, and a similar number found it tough on the financial front or their job – though thankfully they're not all the same people!

The one bright spot for just about everyone has been their relationship with their spouse or partner, for those who have one.



The winners and losers

Overall, 2016 has been the kindest to the youngest and oldest Australians - people under 35 and people 65+. It's been tougher for those in the middle. In particular, more people aged 35 to 49 than in any other age group have had a bad year on every front.

Perhaps 2016 really has just been unlucky for this age group – or are they simply in the most challenging life stage?

